

**ST. TAMMANY SWIM LEAGUE**  
**BY-LAW REVISIONS CHECKLIST**  
(For and beginning with by-laws revised January 29, 1998)  
**Current update: March 13, 2003**

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# **St. Tammany Swim League By-Laws**

*(As Amended - November 12, 2000)*

*(Current update: March 13, 2003)*

## **Article 100**

### **Section 101 - Purpose**

The St. Tammany Swim League (STSL) is a non-profit organization, formed for the expressed purpose of furthering the sport of competitive swimming within St. Tammany Parish. The main goals of the STSL are two-fold: (1) to provide young athletes with opportunities to excel in the sport of swimming, and (2) to promote fun and good sportsmanship through family interaction and friendly competition.

### **Section 102 - Fiscal Year**

The fiscal year of this corporation shall begin on the first day of January in each year and end on the 31<sup>st</sup> day of December in the same year.

### **Section 103 - Member Clubs**

1. Member clubs are those clubs, which are in good standing with the STSL and have met their financial obligations to the League through payment of their annual dues. To remain in good standing financially, all member clubs must bring their accounts current and up to date annually. This must be done by the date of that year's fall meeting. Should a member club's account not be current by the date of the fall meeting, the administrative board, by majority vote, can immediately place them on probationary status for a period not to exceed one year.

2. Clubs wishing to join the League may do so by petitioning the Administrative Board in writing and paying the annual dues to the League Treasurer. Upon receipt of this, the club can be placed on probationary status for a period not to exceed one season. At the end of the season Members' Council meeting (the fall meeting), the council shall vote on the club's petition to join the League. The club will be granted full membership status by majority vote of the Members' Council. Clubs who accept full membership status agree to be bound by and comply with these by-laws and all rules and regulations of the St. Tammany Swim League.

### **Section 104 - Members' Council**

The STSL Members' Council shall consist of one voting representative from each member club.

## **Section 105 - Annual Dues and Insurance Assessment**

A. Annual dues shall be \$2.00 per child.

B. League Insurance. Presently, the insurance premium assessed to each team is \$1.50 per child. However, the insurance premium amount can change from year to year. At the annual spring meeting (usually March or April), the league treasurer will disclose that year's insurance premium to the Members' Council. At this time, the amount of the year's insurance premium will be discussed and ratified by the Members' Council.

Notice to all Members: The current league insurance policy covers only the league and is only a liability policy, and does not include any medical coverage. The basic language of the policy determines that liability essentially means negligence. The league itself would have to be accused of negligence for the insurance to become applicable. However, this does not mean liable. The insurance company would have to defend the league, in court if need, should any lawsuit be brought against it. According to the wording of the current policy, no claim for medical costs arising from any accident, without negligence accused of and/or proven on the part of the league, will be honored. The current insurance also basically protects only the league as a whole, and no individual team. Individual teams are encouraged to investigate their own liability and insurance policies. At present, teams do have the option of becoming additional insured under the league's liability policy. There are also accident policies available that individual teams can procure.

C. Dues and insurance assessments are to be sent with a team roster to the League Treasurer. The initial payment of dues and insurance assessment must be paid in full, in accordance with the club's team roster, on or before June 1<sup>st</sup>.

D. Clubs will not be allowed to compete in any league-sanctioned meet until their initial roster is submitted, and both dues and insurance payments are received by the League Treasurer. Swimmers may be added to club rosters up to eight days prior to the League Championship Meet, at which time additional dues/insurance payments and a final team roster must be submitted to the League Treasurer. A club will not be allowed to compete in the League Championship Meet until final dues/insurance payments and roster are received by the League Treasurer.

## **Section 106 - Club Rosters**

Clubs must submit an initial team roster including each swimmer's name, birthday, and age group arranged in alphabetical order to the League Treasurer no later than June 1<sup>st</sup>. Team rosters must be updated, regularly as required, and revisions sent to the League Treasurer for all swimmers joining the club during the season. A swimmer may not participate in any League-sanctioned meet unless his/her name is on the roster received by the League Treasurer. After the initial roster is submitted, for a new or additional swimmer to participate in a league sanctioned meet, their name, birth date, and age group affiliation must be on the roster received by the League Treasurer by the time of the meet's entry deadline (entry deadlines are dictated by the host team). New or additional swimmers may be added to a roster by contacting either the league treasurer or league president, and submitted by phone, by mail, by e-mail or by fax.

## **Section 106 - Club Rosters (continued)**

A final team roster is due to the League Treasurer eight days prior to the League Championship Meet. Swimmers added to the club after said date may not compete in any league-sanctioned meet.

## **Article 200**

### ***Meetings of the Members' Council***

## **Section 201 - Place of Meetings**

Meetings of the Members' Council shall be held at the clubhouses or available facilities of the members.

## **Section 202 - Annual Meetings**

The annual meetings of the Members' Council shall be held in the Fall (usually October) and Spring (March and April) of each year at a place to be designated by the Administrative Board. Notification of annual meetings shall be not less than 14 days prior to the meeting. Failure to hold annual meetings at the designated time shall not forfeit or dissolve the corporation.

## **Section 203 - Special Meetings**

Special Meetings of the Members' Council may be called by the Administrative Board. Notice shall be given to all Member Clubs by telephone or in writing at least 48 hours in advance of the set meeting time. The notice shall include the place, day, time, and purpose of the meeting. Only that business which is stipulated in the advance notice shall be conducted at special meetings, and no other.

## **Section 204 - Voting at Meetings**

1. Quorum: A majority of the Member Clubs entitled to vote, represented in person or by proxy, shall constitute a quorum at a meeting of the Members' Council.

2. Proxy: A Member Club's representative may vote by proxy executed in writing by that representative. No proxy shall be valid after three months from the date of its execution, unless otherwise provided in the proxy. Proxy voting cannot be made by any administrative board member.

## **Section 205 - Rules of Order**

Meetings shall be conducted in accordance with the latest Robert's Rules of Order, except where in conflict with these by-laws or the charter, which shall prevail.

## **Section 206 - Order of Business**

The following is provided as a general order of business for all meetings of the Members' Council.

- Roll call
- Reading, correction, and adoption of the minutes
- Reports of officers
- Unfinished business
- Elections (where appropriate)
- New business
- Resolutions and Orders
- Adjournment

## **Article 300**

### ***STSL Administrative Board***

#### **Section 301 - Officers (General)**

The officers of the corporation shall consist of a President, a Vice President, a Secretary, a Treasurer, and such other officers and agents, as may be deemed necessary by the Members' Council. Election of officers will be held at the fall meeting in the election year. The term of office shall be for two years. The dates of the terms of office are to coincide with the STSL's fiscal year. Therefore, newly elected officers shall begin their term of office on the January 1<sup>st</sup> following their election and run until December 31<sup>st</sup> of their second year of office. The President and Vice President positions cannot be held by members of the same club during the same term.

#### **Section 302 - Vacancies**

Whenever any vacancy shall occur in any office, by death, resignation, increase in the number of officers of the corporation, or otherwise, the Administrative Board shall appoint a successor who will hold office until the next election.

#### **Section 303 - The President**

The President shall preside at all meetings of the Members' Council, discharge all the duties which devolve upon the presiding officer, and perform such other duties as these by-laws provide or the Members' Council may prescribe. The President shall, when so directed by the Members' Council, execute proxies in behalf of the corporation and likewise in accordance with directions of the Members' Council, shall execute, with the Secretary, powers of attorney appointing other corporation, partnerships or individuals the agent of the corporation, all subject to the corporation laws of the State of Louisiana, the Articles of Incorporation of this corporation, and these by-laws. The President shall appoint the chairman and members of such committees as may be designated by these by-laws, by the Administrative Board, or by the Members' Council.

#### **Section 304 - The Vice President**

The Vice President shall assume the duties of the President when the President is unavailable for any reason. The Vice President shall have the duty of Records Chairman and will keep, maintain, and update all individual records, relay records, and team standings for all meets for the STSL and will hand out records updates at the Spring meeting. The Vice President shall be responsible for the organization and operation of the Rules and Training Committee.

## **Section 305 - The Secretary**

The Secretary shall attend all meetings of the Members' Council and shall keep or cause to be kept in a book provided for the purpose a true and complete record of the proceedings of such meetings and shall perform a like duty for all committees appointed by the President, when so required. The Secretary shall attend to the giving and serving of all notices of the corporation, and shall perform such other duties as these by-laws may require or the members of the Members' Council may prescribe.

## **Section 306 - The Treasurer**

The Treasurer shall have custody of all funds of the corporation, and of its disbursements under the direction of the Members' Council. The Treasurer shall keep a record of all moneys received and paid out, making a report of the same to the Members' Council at each regular meeting thereof, and whenever requested to do so. The Treasurer shall be responsible for the ordering of the USS Rule Books for all member clubs, "A" patches for the B Meet, and all awards for all STSL Championship Meets (see Article 500, Sections 505.14.C.4; 505.25.C.4 and C.5; 505.16.C.4; 505.17; and 506).

## **Section 307 - Committees**

Committees shall be appointed annually by the Administrative Board to support the various League functions. Several of the major committees are included in the following:

### 1. Grievance Committee

A. Scope: This committee is comprised of the Administrative Board and at least one other member team representative. The function of this committee is to expeditiously handle matters and/or complaints involving any club/individuals (athletes, coaches, officials, and representatives) participating in STSL sanctioned events or activities, and (unless otherwise specified) any violations of these by-laws. Any individual affiliated with the STSL may bring their grievance directly to the Administrative Board, who will then make an immediate investigation of the matter.

B. Process: The committee's investigation must include immediate notification to the involved clubs/individuals. The notice may be in writing or communicated verbally and confirmed in writing. The notice must include the specifics of the complaint and a request for a response. The involved clubs/individuals must be given reasonable time for their own investigation and response (5 days at minimum), and the opportunity to request a physical hearing on the matter. If a physical hearing is requested by any of the involved, the committee must attempt to hold a meeting of all parties. If no response is received or request for a physical hearing made, by the deadline given, the committee is free to take action immediately and initiate hearing discussions by physical meeting, telephone, fax, and/or email communications. However, in the case of a physical hearing being requested, the committee must make every effort to coordinate and arrange for a time, date, and place for all parties to meet. This meeting must take place within 10 days of the request for the hearing. If a date, time, and place to meet cannot be mutually agreed to, then the committee will carry on the process at their discretion. All involved must be notified of the committee's decision should a physical hearing not be possible. Final rulings on all matters will be determined by majority vote of all committee members after a hearing is conducted. All decisions made by the Grievance Committee shall be final and rendered at the time of the hearing or within 24 hours thereafter. The committee will immediately notify all involved clubs/individuals, in writing, as to their final ruling.

C. Empowerment: The committee is empowered to place clubs and/or individuals probationary status, and/or recommend to revoke/prohibit an individual's membership/participation, and/or recommend a monetary penalty be assessed to a club/individual. Probationary status can be placed into effect immediately and/or retroactively. A probation period can be imposed for any length of time that the committee deems appropriate, up to a maximum of sixty (60) days. If or when the committee determines to place a club/individual on probation, they must immediately notify all representatives of the Members' Council. This may be done by telephone, mail, fax, e-mail communications. The only information that must be disclosed is the club/individual's name and the term of the probation period. A committee recommendation for a probationary period in excess of sixty (60) days, revocation/prohibition of membership/participation, and/or monetary penalties must be presented to the Members' Council for determination. Final decision is to be made at a Members' Council meeting with the recommendation being ratified by a two-thirds affirmative vote of the number of Member Clubs who constitute a full membership at the time of any such action, and are represented in person or by proxy. This can be done (at the request of the committee) only at a regular meeting (spring and/or fall) of the Members' Council.

#### D. Penalties and Reinstatement Process:

I. Probation - Clubs: While on probation a club will have no voice or vote on Members' Council. No person affiliated with the club may serve on the administrative board (or participate on any committee). If presently serving, that person must immediately take leave of their position until their club is restored to full membership status. During this period, the President (or Vice President in the absence of the President) will appoint someone to assume their responsibilities. The club's team(s) may participate in all league activities, however if the club is placed on probation due to a by-law violation, that club's team(s) will not score or place in any league sanctioned meet while on probation. At the end of the probation period, a club will be immediately returned to full membership status by majority vote of the Members' Council. This can be done at any league Members' Council meeting or telephone polling (conducted by the league President).

II. Probation - Individuals: While on probation, an individual may not participate in any league activity. At the end of the probation period, an individual will be immediately returned to active membership/participation status by majority vote of the Members' Council. This can be done at any league Members' Council meeting or telephone polling (conducted by the league President).

III. Revocation of Membership: Once an individual's membership/participation has been revoked, the individual may not participate in any league activity for a period of at least one year (or length of time as determined by the Members' Council). After this period, the club's coach or Members' Council representative may petition the administrative board in writing to reinstate the individual's membership/participation status. Since their membership was revoked, the decision to reinstate an individual must be made at a Members' Council meeting and only at a regular meeting (spring and/or fall) of the Members' Council. The individual will be immediately returned to active membership/participation status by majority vote of the number of member clubs present that are entitled to vote, and are represented in person or by proxy.

IV. Reinstatement Declined: At the end of their probation period or upon their request for reinstatement, should a club and/or individual not receive the necessary votes from the Members' Council to be reinstated, the club/ individual will remain on probation or not allowed reinstatement to the membership. In this case, the club/individual may petition the administrative board, in writing, to initiate another vote. New voting, at the earliest, could take place at the very next regular meeting (spring and/or fall) of the Members' Council.

#### 2. By-Laws Committee

This committee is comprised of volunteer representatives of the various member clubs. The function of this committee is to consider proposed changes to the League's By-Laws and to draft any and all proposed amendments.

### 3. Qualifying Times Committee

A committee shall be established by the Administrative Board to determine cutoff times for the “B” Meet and qualifying times for the “A” Meet. Times are to be based on the results of the prior year’s Championship Meet. The final time that resulted in the 12<sup>th</sup> place at the prior year’s Championship Meet will be considered the “A” qualifying time and the “B” cutoff time. Where less than 12 swimmers were placed at the prior year’s Championship Meet, the last place swimmer’s time shall become the “A” qualifying time and the “B” cutoff time. (revised 3/13/03)

### 4. Rules and Training Committee

A Rules and Training Committee shall be appointed by the STSL Administrative Board each year. This committee shall: administer certification and re-certification of all deck officials (referees, stroke and turn judges, starters, recorders, and head timers) affiliated with the STSL, administer training to all coaches and assistant coaches affiliated with the STSL, select qualified officials to work at all STSL sanctioned Championship Meets (“B”, “A”, and League Championship), and advise the Administrative Board and member clubs on needed changes to the existing STSL rules, in accordance with the most current USS regulations.

## **Section 308 - Delegation of Authority**

In case of the absence of any officer of the corporation, or for any other reason that the Members’ Council may deem sufficient, the Members’ Council may delegate the powers and duties of such officer to any other officer or to any Member Club’s representative of the corporation.

## **Section 309 - Reporting of Officers’ Expenses**

Officers of the St. Tammany Swim League are to submit financial statement to the Treasurer for any expenses incurred by them in the operation of the League’s functions.

## **Article 400**

### ***Amendments***

1. To alter, amend, or repeal these by-laws, a physical meeting must take place. The notice of the meeting at which such action is contemplated shall specify that the purpose is to amend the by-laws and the proposed amendments shall be written into said notice. Any alteration, amendment, or repealing of these by-laws shall require a two-thirds affirmative vote of the number of Member Clubs who constitute a full membership at the time of any such action. Each vote must be either in person or by proxy.

2. Notice of by-law proposals must be received by member clubs two weeks prior to the meeting at which they will be addressed. At the request of the by-law committee, and as long as proper notice is given (in accordance with the above), these by-laws can be amended at either the spring or fall meeting of the Members' Council, or at any special meeting of the Members' Council that is approved, at either the spring or fall meeting, specifically for the purpose of by-law resolution.

## **Article 500**

### ***Swim Meets***

#### **Section 501 - Swim Meet Rules**

##### 1. US Swimming Rules

All swim meets will be conducted in accordance with current U.S. Swimming rules, except as modified by these by-laws.

##### 2. Rules

A. False Start Rule - The USS "no false start" rule will not be observed at league meets. The false start shall be called on the swimmer and not the field. Any swimmer charged with two false starts shall be disqualified by the Starter and shall not swim the event.

B. Any swimmer who, in the opinion of the Starter and Meet and/or Desk Referee, enters the water purposefully may be charged with delay of meet and disqualified for the infraction.

C. After the start and once swimmers have entered the water, should the heat be called back by the Starter, the Deck Referee must give every consideration in allowing time for those swimmers to rest prior to the re-start of the heat. Time must be allowed based on the swimmers' efforts exerted prior to the final stoppage of the heat.

D. Other than within the confines of a facilities clubhouse and/or other areas of the facility not directly associated with the swim meet, the consumption or and/or service of alcoholic beverages will not be allowed at any St. Tammany Swim League sanctioned meet.

##### 3. Backstroke

A. Start - Prior to the command "take your mark" and until the feet leave the wall, the swimmer's feet, including the toes, shall be placed under the surface of the water. Standing in or on the gutter or curling the toes over the lip of the gutter is not permitted at any time before the start.

B. Underwater Limitation - The "15-Meter" (approximately 16.4 yards or 49.0 feet) underwater limitation shall be adhered to in STSL sanctioned meets as specified by USS Rules.

C. Turns - The backstroke front turn shall be allowed in STSL sanctioned meets as specified under USS Code, Part 1, Section 101.3, as amended (effective date March 4, 1991).

#### 4. Deliberate Delay or Misconduct

The following discussion on “deliberate delay or misconduct” is largely taken from the 1991 USS Rules, Part 1, Subsection 102.14.5:

A. “Any swimmer, who delays the start by entering the water or willfully or deliberately disobeys a Starter’s command to step onto the blocks or to take a starting position, or for any misconduct taking place at the start, can be disqualified from the event by the Starter with concurrence of the Meet and/or Deck Referee.”

B. “A swimmer who fails to appear at the starting platform ready to swim in time for the initial start of his heat may be disqualified by and at the discretion of the Meet and/or Deck Referee.”

#### 5. Change of Program, Postponement, and Delays

A. The order of events, as laid down in the official program, shall not be changed. The announced arrangement of heat in any events shall not be added or altered, except by authority of the Meet and/or Deck Referee, to the extent of consolidating the heats. (1991 USS Rules; Part 1, Subsection 102.8)

B. The time delay because of inclement weather or other conditions which preclude the safe conduct of the meet or event shall be limited to a total of 60 minutes or a number of periods not to exceed 60 minutes in total. If after the first stoppage period, the weather has not cleared, a vote shall be taken of each team’s designated representative to decide whether to wait out the weather or cancel or postpone the session, with majority deciding. A vote to delay will include up to at maximum a 30-minute period. However, under no circumstances can the cumulative stoppage time of any meet exceed 60 minutes. After a cumulative stoppage total time of 60 minutes, the meet must be either postponed or canceled and considered official. Scores will stand in canceled meets or sessions that have completed three-fifths of their events. Meets or sessions with less than three-fifths completion must be rescheduled beginning with the event the meet was terminated. Postponement dates and times must be included in the meet invitation. No swimmer may be added to rescheduled meets, unless done so at least 48 hours prior to the rescheduled meet.

C. A decision to cancel or postpone shall be final. (1991 USS Rules; Part 1, Subsection 102.8)

#### 6. Unsportsmanlike Conduct

A. A team whose representatives, coaches, swimmers, and/or guests behave in an unsportsmanlike manner by abusing officials, representatives, coaches, swimmers, and/or guests of another team shall be warned by the Meet and/or Deck Referee and/or Meet Director. Individuals persisting in unsportsmanlike conduct will be instructed to leave the facility and may cause the team they represent (or are associated with) to forfeit the meet.

B. Fighting or “rough housing” will not be allowed nor tolerated at STSL sanctioned meets. In the event contestants are caught fighting or a complaint is lodged for such be a coach or team representative, the individual(s) in question will be removed from further competition “that day.” A report detailing such incidence shall be submitted to the Board (either orally or written) by the Meet Director and/or complainant within 48 hours of its occurrence.

C. Any team that abuses the intent of the B-Meet shall be brought before the Administrative Board.

D. Following a review of this matter by the Administrative Board, a letter shall be sent by the Board to the team coach and/or team representative and offenders’ parents detailing the incident, the Board’s findings, and the possible consequences should the behavior persist. If this behavior occurs for a second time in a single season, the Board shall revoke that individual’s right to participate in any STSL sponsored events or activities for the following season.

## **Section 502 - Coaches**

Paid or volunteer, full-time coaches may represent the team they coach in League competition, irrespective of club membership. All other provisions of these by-laws shall apply to coaches except for Article 500, Section 503.1 (revised 3/13/03)

## **Section 503 - Swimmers**

### **1. Member Entitlement**

Each swimmer must be a dues-paying member of the Member Club he/she represents, or be entitled to use the Member Club’s facilities by virtue of each club’s membership policy in accordance with the rules of the Member Club. STSL teams are in no way affiliated with any U.S. Swimming teams nor any Louisiana High School Amateur Athletics swimming teams. Membership on STSL teams shall not affect nor be affected by membership in other swimming organizations, although swimming participation at all levels is encouraged.

### **2. Member Club Affiliation**

Swimmers may represent only on club in St. Tammany Swim League swimming competition per season, regardless of membership in or affiliation with other clubs (such as USS Local Swimming Committees), except in the case of a swimmer belonging to one club and acquiring membership in a different club during the season may represent his new club in League competition; and, a swimmer moving during the swim season to the area of a new club may swim for his new club.

### 3. Penalty for Swimming Non-Members

Clubs who swim non-members will forfeit an entire meet. Other clubs in the STSL will be informed of the swimmer's name and the club represented. An additional offense will result in the team's loss of participation in the League Championships. All grievance and formal protests must be made to the Administrative Board within 24 hours of the infraction. (See Article 300, Section 307.1 "Grievance Committee").

### 4. Eligibility

A. Each swimmer will swim in only one age group for the entire seasons. This may be his/her age on May 31<sup>st</sup> of the season, or the age group he/she will age into during the season.

B. A swimmer must be registered with the League before competing in any League sanctioned meet. Failure to comply will result in forfeiture of the meet.

## 5. Physical Limitations

Any swimmer having a congenital deformity (i.e. club feet, scoliosis) or physical limitation shall not be disqualified from any stroke when that disability prevents that swimmer from executing the stroke within the proper guidelines. Physical limitations must be confirmed by letter from a qualified physician. The letter should be presented to the Meet Referee and coaches before the meet.

## 6. Standard Release Forms

All teams shall have a standard release form on file from each swimmer signed by the swimmer's parent and/or legal guardian, rendering unnecessary the need to include those forms in League Championship Meets. Each team's representative to the St. Tammany Swim League's Members' Council, must confirm to the league Secretary that this stipulation is acknowledged, understood, and has been and/or will be accomplished for all of their swimmers. This must be done annually (prior to June 1<sup>st</sup>) and must be in writing. No team or swimmer of that team will be allowed to participate in any St. Tammany Swim League sanctioned meet or other event until the league Secretary received the acknowledgement. There will be no exception to this rule.

# **Section 504 - Conduct of Dual/Triangular Meets**

## 1. Dual Meet Divisions

Dual meet divisions are determined by the board and are based on the final standings of the League Championship Meet.

## 2. Swimmer Participation

A. Individuals - A swimmer may participate in only three individual events and two relays at dual/triangular meets.

B. Relay events - Swimmers will be permitted to move up in age group for relays ONLY if there are not enough swimmers present in the age group to make up a relay team. Swimmers moving up must swim with the slowest swimmers in that age group and on the slowest relay team entered in the event. Swimmers may move up one age group only.

## 3. Entry Reporting Requirements

Visiting coaches will provide entries as required by the host team. The entry deadline can be no more than 5 days prior to the scheduled meet. Entries are not required to be submitted in electronic format.

## 4. Psych and Heat Sheets

Psych sheets or pre-seeded heat sheets are to be provided by the host team for all visiting coaches and meet officials.

## 5. Scratches and Adds

Scratches may be made in any League meet. Adds or changes moving a swimmer from one event to another, must be made with the approval of the Meet Director.

## 6. Dual Meet Seeding Procedures

Dual meets shall be seeded by time as outlined in the USS Rules.

## 7. Order of Events for Dual and Triangular Meets

### A. Weeks 1, 3, and 5 (odd-numbered weeks)

Girls Event No.	Event		Boys Event No.
1	6 Year & Under	25 Yard Freestyle	2
3	7 Year	25 Yard Freestyle	4
5	8 Year	25 Yard Freestyle	6
7	9 Year	25 Yard Freestyle	8
9	10 Year	25 Yard Freestyle	10
11	11 Year	50 Yard Freestyle	12
13	12 Year	50 Yard Freestyle	14
15	13 & 14 Years	50 Yard Freestyle	16
17	15 to 18 Years	50 Yard Freestyle	18
19	7 Year & Under	100 Yard IM	20
21	8 Year	100 Yard IM	22
23	9 Year	100 Yard IM	24
25	10 Year	100 Yard IM	26
27	11 Year	100 Yard IM	28
29	12 Year	100 Yard IM	30
31	13 & 14 Years	100 Yard IM	32
33	15 to 18 Years	100 Yard IM	34
35	6 Year & Under	25 Yard Backstroke	36
37	7 Year	25 Yard Backstroke	38
39	8 Year	25 Yard Backstroke	40
41	9 Year	25 Yard Backstroke	42
43	10 Year	25 Yard Backstroke	44
45	11 Year	50 Yard Backstroke	46
47	12 Year	50 Yard Backstroke	48
49	13 & 14 Years	50 Yard Backstroke	50
51	15 to 18 Years	50 Yard Backstroke	52
53	6 Year & Under	100 Yard Freestyle Relay	54
55	7 & 8 Years	100 Yard Freestyle Relay	56
57	9 & 10 Years	100 Yard Freestyle Relay	58
59	11 & 12 Years	200 Yard Freestyle Relay	60
61	13 & 14 Years	200 Yard Freestyle Relay	62
63	15 to 18 Years	200 Yard Freestyle Relay	64
65	7 Year & Under	25 Yard Breaststroke	66
67	8 Year	25 Yard Breaststroke	68
69	9 Year	25 Yard Breaststroke	70
71	10 Year	25 Yard Breaststroke	72
73	11 Year	50 Yard Breaststroke	74
75	12 Year	50 Yard Breaststroke	76
77	13 & 14 Years	50 Yard Breaststroke	78
79	15 to 18 Years	50 Yard Breaststroke	80
81	7 Year & Under	25 Yard Butterfly	82
83	8 Year	25 Yard Butterfly	84
85	9 Year	25 Yard Butterfly	86
87	10 Year	25 Yard Butterfly	88
89	11 Year	50 Yard Butterfly	90
91	12 Year	50 Yard Butterfly	92
93	13 & 14 Years	50 Yard Butterfly	94
95	15 to 18 Years	50 Yard Butterfly	96

Note: There are no 6 & Under IM, breaststroke, or butterfly events.

The additional (OPTIONAL) events may be swum if it is mutually agreed to by all coaches prior to entry submission. If swum, they are to be swum after the last event in the order - Event 96 - Butterfly.

Girls Event No.	Event		Boys Event No.
97	8 Year & Under	100 Yard Medley Relay	98
99	9 & 10 Years	100 Yard Medley Relay	100
101	11 & 12 Years	200 Yard Medley Relay	102
103	13 & 14 Years	200 Yard Medley Relay	104
105	15 to 18 Years	200 Yard Medley Relay	106

Note: There are no 6 & Under medley relay events.

Note: Where pools are longer than 25 yards/meters, agreement shall be made between coaches on what distances shall be swum. Times acquired in non-standard distance pools shall be corrected to 25 yard times

## 7. Order of Events for Dual and Triangular Meets (Continued)

### B. Weeks 2, 4, and 6 (even-numbered weeks)

Girls Event No.	Event		Boys Event No.
1	6 Year & Under	25 Yard Freestyle	2
3	7 Year	25 Yard Freestyle	4
5	8 Year	25 Yard Freestyle	6
7	9 Year	25 Yard Freestyle	8
9	10 Year	25 Yard Freestyle	10
11	11 Year	50 Yard Freestyle	12
13	12 Year	50 Yard Freestyle	14
15	13 & 14 Years	50 Yard Freestyle	16
17	15 to 18 Years	50 Yard Freestyle	18
19	7 Year & under	100 Yard IM	20
21	8 Year	100 Yard IM	22
23	9 Year	100 Yard IM	24
25	10 Year	100 Yard IM	26
27	11 Year	100 Yard IM	28
29	12 Year	100 Yard IM	30
31	13 & 14 Years	100 Yard IM	32
33	15 to 18 Years	100 Yard IM	34
35	6 Year & Under	25 Yard Backstroke	36
37	7 Year	25 Yard Backstroke	38
39	8 Year	25 Yard Backstroke	40
41	9 Year	25 Yard Backstroke	42
43	10 Year	25 Yard Backstroke	44
45	11 Year	50 Yard Backstroke	46
47	12 Year	50 Yard Backstroke	48
49	13 & 14 Years	50 Yard Backstroke	50
51	15 to 18 Years	50 Yard Backstroke	52
53	6 Year & Under	100 Yard Freestyle Relay	54
97	8 Year & Under	100 Yard Medley Relay	98
99	9 & 10 Years	100 Yard Medley Relay	100
101	11 & 12 Years	200 Yard Medley Relay	102
103	13 & 14 Years	200 Yard Medley Relay	104
105	15 to 18 Years	200 Yard Medley Relay	106
65	7 Year & Under	25 Yard Breaststroke	66
67	8 Year	25 Yard Breaststroke	68
69	9 Year	25 Yard Breaststroke	70
71	10 Year	25 Yard Breaststroke	72
73	11 Year	50 Yard Breaststroke	74
75	12 Year	50 Yard Breaststroke	76
77	13 & 14 Years	50 Yard Breaststroke	78
79	15 to 18 Years	50 Yard Breaststroke	80
81	7 Year & Under	25 Yard Butterfly	82
83	8 Year	25 Yard Butterfly	84
85	9 Year	25 Yard Butterfly	86
87	10 Year	25 Yard Butterfly	88
89	11 Year	50 Yard Butterfly	90
91	12 Year	50 Yard Butterfly	92
93	13 & 14 Years	50 Yard Butterfly	94
95	15 to 18 Years	50 Yard Butterfly	96

Note: There are no 6 & Under medley relay, IM, breaststroke, or butterfly events.

Medley relay events are to be swum immediately after Event 54 (6 Year & Under Boys 100 Yard Freestyle Relay) but are to maintain their distinct event numbers beginning. After Event 106 Boys 15 to 18 Years 200 Yard Medley Relay, the meet will continue with Event 65 7&Under Girls 25 Yard Breaststroke. The additional OPTIONAL events may be swum if it is mutually agreed to by all coaches prior to entry submission. If swum, they are to be swum after the last event in the order - Event 96 Boys 15-18 50 Yard Butterfly, but are to maintain their distinct event numbers beginning at 55 and running through 64.

Girls Event No.	Event		Boys Event No.
55	7 & 8 Years	100 Yard Freestyle Relay	56
57	9 & 10 Years	100 Yard Freestyle Relay	58
59	11 & 12 Years	200 Yard Freestyle Relay	60
61	13 & 14 Years	200 Yard Freestyle Relay	62
63	15 to 18 Years	200 Yard Freestyle Relay	64

Note: There are no 6 Year & Under Medley Relay events.

Note: Where pools are longer than 25 yards/meters, agreement shall be made between coaches on what distances shall be swum. Times acquired in non-standard distance pools shall be corrected to 25 yard times.

## 7. Order of Events for Dual and Triangular Meets (Continued)

C. Each team shall be limited to 450 individual entries at all dual and triangular meets.

## 8. Conduct of Competition

### A. Officials

1) Three lane timers with functional watches shall be used. The median time shall be the swimmer's official time and the sole determinant of place. Where one watch fails, an average of the two remaining times shall be used. A minimum of two backup timers shall be required for all meets. An optional automated timing system may be used when available in lieu of 3 lane times with watches, i.e., Colorado Timing System with two buttons and one backup watch. Appropriate training will be provided to timers by the host team.

2) Every club shall be required to have at least one stroke judge who is a member of the club and can officiate at meets. For dual/triangular meets Stroke Judges must be certified according with Article 400, Section 504.8.A.3 (refer to Article 500, Section 505.8 concerning special requirements for officials participating at STSL sanctioned Championship Meets).

3) Starters, Referees, and Stroke Judges shall be either USS certified or League certified. League certification is obtained by attending a clinic sponsored by a certified St. Tammany Swim League official, U.S. Swimming official, or a professional coach. It is recommended that all coaches and team representatives attend this certification process annually.

4) For dual meets, at a minimum, deck officials will consist of 1 Referee, 1 Starter, and 2 Stroke/Turn Judges (officiating jurisdiction to be determined by the Referee). Officials certified and credentialed with STSL or USS shall be given preference over non-credentialed or uncertified persons, irrespective of team affiliation.

### B. Disqualifications

1) The following discussion on "disqualification" is largely taken from the 1991 USS Rules; Part 1, Subsection 102.10:

2) "A disqualification can be made only by the official within whose jurisdiction the infraction has been committed.:

3) "The Referee or designated official making a disqualification shall make every reasonable effort to seek out the swimmer and inform him as to the reason for the disqualification."

4) "Any swimmer who acts in an unsportsmanlike or unsafe manner withing the swimming venue may be considered for appropriate action or penalty by the Meet and/or Deck Referee."

5) "A swimmer must start and finish the race in his assigned lane."

6) "Obstructing another swimmer by swimming across or otherwise interfering shall disqualify the offender, subject to the discretion of the Meet and/or Deck Referee."

7) “Any swimmer not entered in a race who enters the pool or course in the area in which a race is conducted, before all swimmers therein have completed the race, shall be barred from the next individual event on that day or the next meet day, whichever comes first.”

8) “Dipping goggles in the water or splashing water in a competitor’s face or body prior to the next event shall not be considered as entering the pool unless the Meet and/or Deck Referee finds that such an action is interfering with the competition.”

9) “Should a foul endanger the chance of success of a swimmer, the Meet and/or Deck Referee may allow that individual a re-swim.”

#### 9. Swim Meet Time Requirements and Restrictions

All League dual/triangular meets shall be required to end at 9:00 PM and/or within four (4) hours, commencing with the start of the first event swum. The strict adherence to this rule is left to the mutual discretion of the participating coaches. Therefore, prior to the start of the first event, preferably at the coaches add/scratch meeting, all participating coaches must mutually agree and declare to either:

A. Swim until all events are complete regardless of the time of day or to the length of the meet.

B. Complete any event which is in progress at 9:00 PM and/or at the 4 hour limit (whichever comes sooner), and score the meet after the completion of that event.

C. Terminate the meet at 9:00 PM and/or at the 4 hour limit (whichever comes sooner), and score the meet through the last event fully completed at that time.

Should a dispute arise between the coaches and/or if a mutual agreement cannot be reached, then Item “C” above will prevail as the decision.

#### 10. Scoring Events

A. Individual events in League dual/triangular meets carry the following point values:

<i>First Place</i>	<i>6 points</i>
<i>Second Place</i>	<i>4 points</i>
<i>Third Place</i>	<i>2 points</i>
<i>Fourth Place</i>	<i>1 point</i>

B. Relays at League dual/triangular meets will be scored:

<i>First Place</i>	<i>6 points</i>
<i>Second Place</i>	<i>4 points</i>
<i>Third Place</i>	<i>2 points</i>

#### 11. Awards

Awards for dual/triangular meets will be provided through sixth place for individual events and relays. Heat ribbons and additional place awards are optional and are encouraged.

#### 12. Meet Results

The host team shall post meet results of all events during the meet. At the end of dual/triangular meets the host team shall provide the visiting team(s) with complete results and score.

#### 13. Meet Forfeiture

A forfeiture is assumed when without prior notice a team fails to appear at the prearranged times. In the case of lateness without notice, but with reasonable excuse, the meet will not constitute forfeiture and shall be swum after being rescheduled at the host's convenience.

### **Section 505 - STSL Sanctioned B-Meet, A-Meet and League Championship Meets**

Note: Unless otherwise specified in this section, the conduct of all meets shall be consistent with that described under Article 500, Section 504 entitled "Conduct of Dual/Triangular Meets."

#### 1. Venue Sites/Host Teams Determination

A. The host team(s) of the STSL sanctioned B-Meet, A-Meet, and League Championship Meets shall be determined by a majority vote of the membership. Meets will be determined preferably on a rotational basis. These meets shall be held on either Friday/Saturday, or a Saturday/Sunday. All prospective host teams will present their proposed meet days, dates and times, and locations to the Members' Council for approval and determination annually at the spring meeting.

B. All teams who are interested in hosting one or more of these meets must present their proposal to the league President, in writing, no later than March 1<sup>st</sup> of the year. All proposals must include (at minimum) the proposed meet days, the dates and times, the postponement days, dates, and times, and the locations. Copies of these proposals will be included (appropriately) with the notice of the League's spring meeting and submitted to all of the representatives of the Members' Council.

## 2. Host Team Responsibilities

Meet hosts will forward invitations to all attending member teams at least three weeks prior to the date of the meet. These invitations will confirm meet days, dates, times, locations, and the order of events. They will also provide member teams with information pertaining to the operation of the meet, workers, team areas, logistics, do's, don'ts, scoring and awards, and any other subject that will be pertinent to attending and participating in the meet.

## 3. Entry Reporting Requirements

Entries for all events in all Championship meets shall be presented as requested by the host club and provided to the host club not later than 8 days prior to the scheduled meet. Payment must be received by the host team when requested. Those who do not submit financial fees will be fined 10% of their entry fees payable to the host team. Once the due date has passed the penalty will be incurred by the offending team and that said team cannot swim until both the fees and the fine are paid. At the same time host teams may not ask for payment more than 8 days prior to the meet. Special consideration must be given to the league members when making payments for the B-Meet for swimmers who are close to making A-times. Should a visiting team have problems submitting their entries within the specified time, the host team must be reasonable and grant additional time for that team to submit their entries. Visitor and host must immediately agree to a new entry time, with confirmation of this agreement reported to the League President or Vice President.

## 4. Swimmer Participation

Individual entry limits - A swimmer may compete in three individual events and four relays. Each team shall be limited to 450 individual entries.

## 5. Meet Fees

Meet fees for the "B", "A", and League Championship Meets shall be established and voted upon "annually" by the Members' Council at the spring meeting. The current fees are \$2.15 per individual entry or the "B" Championship, \$2.15 per individual entry and \$5.00 per relay entry for the "A" Championship, and \$1.50 per individual entry and \$5.00 per relay entry for the League Championship.

## 6. Scratch Meeting

Late entries and changes shall be accepted at the discretion of the host team at the "B", "A", and League Championship Meets.

## 7. Order of Events

### A. "B", "A", and League Championship Meet

Friday or Sunday

Girls Event No.	Event			Boys Event No.
1	7 Year & Under	100 Yard	IM	2
3	8 Year	100 Yard	IM	4
5	9 Year	100 Yard	IM	6
7	10 Year	100 Yard	IM	8
9	6 Year & Under	25 Yard	Freestyle	10
11	7 Year	25 Yard	Freestyle	12
13	8 Year	25 Yard	Freestyle	14
15	9 Year	25 Yard	Freestyle	16
17	10 Year	25 Yard	Freestyle	18
19	6 Year & Under	100 Yard	Freestyle Relay	20
21	7 & 8 Years	100 Yard	Freestyle Relay	22
23	9 & 10 Years	100 Yard	Freestyle Relay	24
25	6 Year & Under	25 Yard	Backstroke	26
27	7 Year	25 Yard	Backstroke	28
29	8 Year	25 Yard	Backstroke	30
31	9 Year	25 Yard	Backstroke	32
33	10 Year	25 Yard	Backstroke	34
35	7 Year & Under	25 Yard	Breaststroke	36
37	8 Year	25 Yard	Breaststroke	38
39	9 Year	25 Yard	Breaststroke	40
41	10 Year	25 Yard	Breaststroke	42
43	7 Year & Under	25 Yard	Butterfly	44
45	8 Year	25 Yard	Butterfly	46
47	9 Year	25 Yard	Butterfly	48
49	10 Year	25 Yard	Butterfly	50
51	8 Year & Under	100 Yard	Medley Relay	52
53	9 & 10 Years	100 Yard	Medley Relay	54

1. B-Meet does not have relays
2. There are no 6 Year & Under Breaststroke events
3. There are no 6 Year & Under Butterfly events
4. There are no 6 Year & Under Medley Relay events

7. Order of Events (Continued)

A. "B", "A", and League Championship Meet

Saturday

Girls Event No.	Event			Boys Event No.
55	11 Year	100 Yard	IM	56
57	12 Year	100 Yard	IM	58
59	13 & 14 Years	100 Yard	IM	60
62	15 to 18 Years	100 Yard	IM	62
63	11 Year	50 Yard	Freestyle	64
65	12 Year	50 Yard	Freestyle	66
67	13 & 14 Years	50 Yard	Freestyle	68
69	15 to 18 Years	50 Yard	Freestyle	70
71	11 & 12 Years	200 Yard	Freestyle Relay	72
73	13 & 14 Years	200 Yard	Freestyle Relay	74
75	15 to 18 Years	200 Yard	Freestyle Relay	76
77	11 Year	50 Yard	Backstroke	78
79	12 Year	50 Yard	Backstroke	80
81	13 & 14 Years	50 Yard	Backstroke	82
83	15 to 18 Years	50 Yard	Backstroke	84
85	11 Year	50 Yard	Breaststroke	86
87	12 Year	50 Yard	Breaststroke	88
89	13 & 14 Years	50 Yard	Breaststroke	90
91	15 to 18 Years	50 Yard	Breaststroke	92
93	11 Year	50 Yard	Butterfly	94
95	12 Year	50 Yard	Butterfly	96
97	13 & 14 Years	50 Yard	Butterfly	98
99	15 to 18 Years	50 Yard	Butterfly	100
101	11 & 12 Years	200 Yard	Medley Relay	102
103	13 & 14 Years	200 Yard	Medley Relay	104
105	15 to 18 Years	200 Yard	Medley Relay	106

1. B-Meet does not have relays

## 8. Officials

For STSL sanctioned Championship Meets (“B”, “A”, and League Championship), a full complement of deck officials (meet/administrative referee, deck referee, starter, recall starter, stroke and turn judges, relay take-off, touch and turn, and timers) will be utilized in the conduct of these meets. As indicated in Article 300, Section 307.4, the Rules and Training Committee shall select STSL certified and credentialed officials (Referees, Starters, and Stroke and Turn Judges) to work at all STSL sanctioned Championship Meets.

## 9. Conduct of the Meets

Any decisions concerning the conduct of the meets (“B”, “A”, and League Championship) must be done with the team representatives, Meet Referee and Meet Director(s).

## 10. Determination of Official Place/Order of Finish

a) Place and Ranking: The order of finish shall be the official times in accordance with Article 500, Section 504A.8.1.

b) Ties: Official times identical to the hundredths shall be ties; the place judge’s/referee’s written observation shall determine the final order of finish. If the judge/referee observed a tie or failed to make a written record, a swim-off will be required to determine the final order of finish. The swim-off may be held at any time by the referee, but not more than 45 minutes after the last heat of any event in which either of the swimmers is competing. A judge’s ruling or a swim-off is only to determine the order of finish; the official time does not change.

c) Judging: Judging shall only be used to change the Order of Finish produced by ranking the Official Times if:

- 1) The swimmers competed in the same heat, and
- 2) Times obtained from the manual timing system are not valid due to any two watch failures or timer errors (for example: one watch failure and one timer error, or two watch failures, or two timer errors), and
- 3) the Place Judge observed a different order of finish and made a written record immediately following the conclusion of that heat.

**Note: The referee of a meet is the sole determinant of an erroneous or faulty time. In no case may a swimmer with a faster time displace a swimmer who was judged to have placed ahead of him/her in accordance with section 505.10.C. Such placement by the Referee or Place Judge’s decision shall be final and indicated in the meet results as the final determinant of the order of finish.**

## 11. Scoring

Scoring at the “B”, “A”, and League Championship Meets shall be through 12<sup>th</sup> place: 13-11-10-9-8-7-6-5-4-3-2-1 for both individual and relay events.

## 12. League Records

A. League records may only be set at the “A” Championship and League Championship Meets. League records will be recorded and published for all events listed in section 505.7(A).

B. Times in 25 meter pools converted to yard times, using the standard conversion factor of 1.11 (currently) (or whatever may be the current Hytek Limited standard conversion factor that is used within the Meet Manager program).

C. Any team wishing to break an individual record with the lead-off swimmer in a relay event must notify the League Vice President and the Meet Director in writing no later than 2 days prior to the meet and must supply the additional number of timers needed from 3 different clubs. However, the decision to allow a record attempt in this manner, without prior written notice as specified, will be left up to the discretion, agreement, and jurisdiction of the Meet Referee, Deck Referee, and the Meet Director.

D. League records will be recorded and published for individual swimmers age 6/U and relay teams composed solely of 6/U swimmers while swimming in 7/U breaststroke, 7/U butterfly, and 7/U medley relay, events for which there is no 7/U event. It is the responsibility of the team coach and/or team league representative to notify the Meet Referee when a 6/U swimmer or relay team has broken a league record.

E. Any team wishing to break a medley relay record for 6/U swimmers or any swimmer wishing to break an individual record for 9 & 10 year olds at a 50 yard distance, must notify the League Vice President and Meet Director in writing no later than 2 days prior to the meet. The notice shall include the names and birth dates of the relay team swimmers. However, the decision to allow a record attempt in this manner, without prior written notice as specified, will be left up to the discretion, agreement, and jurisdiction of the Meet Referee, Deck Referee, and the Meet Director. A written confirmation of the relay swimmers' names and birth dates, however, must be submitted to the Meet Referee, and verified prior to the attempt.

### 13. Meet Results

A. After championship meets, the host team shall distribute complete results to all teams a league board members within one week. Results shall include all swimmers' names, place, and times.

B. Final results from the League Championship, "B", and "A" Meets (including the Deck Referee's heat sheet, printed heat results from automatic timing equipment and posted results) should be kept by the host team for a week following distribution of final results to participating teams. Cards and DQ slips should be returned to the participating teams.

C. Relay swimmer names must be included in the printed meet results.

### 14. League Championship

#### A. Scheduling

The League Championship will be held annually. It will be scheduled as the last STSL sanctioned meet of each season.

#### B. Swimmer Participation

1) Relay Entry Limits - Member clubs will be limited to entering no more than three relay teams per event. (The rules pertaining to athletes swimming up in relay events shall apply here, as discussed in Article 500, Section 504.1B, entitled "Relays".)

2) Eligibility to participate - A swimmer will be eligible to participate only if he/she has swum, for a club he/she is representing in at least two league sanctioned meets. This includes dual/triangular meets, the "B" Meet, and the "A" Meet.

### C. Awards

1) Shall consist of medals for the first through third place in individual events and first place for relays. Ribbons will be provided for each additional scoring place and for heat winners. Ribbons will be provided for each individual scoring place and for heat winners.

2) High point, high point runner up (for each age group) and Sportsmanship awards are required.

3) Team trophies will be awarded for those who finish first, second, and third place.

4) The league will procure all awards (above 1, 2, and 3). The host team will pay for all awards (above 1, 2, and 3). The host team must place a deposit (currently) in the amount of \$2050.00 with the league, no later than five (5) days prior to the meet. After the meet, the account will be settled. The host team will pay only for the ribbons and/or medals used at the meet. However, no allowances and/or refunds will be made on trophies not used for any reason. The account must be settled within 30 days after the meet. Note: The amount deposited with the league may be adjusted annually by vote of the Members' Council at the spring meeting.

### 15. "B" Meet

#### A. Scheduling

The "B" Meet shall be held annually. It will be scheduled as the first championship meet of each season (prior to the "A" Meet and League Championship). The B Meet serves two purposes, as (1) a "last chance" for those swimmers who have not made "A" qualifying times, and (2) a championship meet for "B" swimmers. Teams hosting the "B" Meet have the option to schedule the meet in one day. If the "B" Meet is held in one day, there must be 2 sessions - one in the morning and one in the afternoon.

#### B. Swimmer Participation

1. Relay Entry Limits - The order of events for the "B" Meet will not include any relay events.

2. Eligibility to Participate - All member swimmers, except those swimmers who have received official league "A" times prior to the entry cutoff date for this meet shall not be allowed to compete in that stroke for which they received an official "A" time.

3. Exhibition Swimming - There will be no exhibition swimmers in the water at the "B" Meet during the course of the competition. The definition of "exhibition swimmers" in this meet is: a swimmer who swims in an event in which they have already achieved a championship qualifying time ("A" time).

### C. Awards

1) Shall consist of medals for first through third place in individual events. Ribbons will be provided for each individual scoring place and for heat winners.

2) High point, high point runner up (for each age group) and Sportsmanship awards are required.

3) Team trophies will be awarded for those who finish first, second, and third place.

4) Swimmers who swim "A" times at the "B" Meet will receive an "A" time award but will not be placed and will not score points in the meet. One award is to be issued per swimmer, regardless of the number of "A" times achieved. The league will procure and pay for these awards.

5) The league will procure all awards (above 1, 2, and 3). The host team will pay for all awards (above 1, 2, and 3). The host team must place a deposit (currently) in the amount of \$1050.00 with the league, no later than five (5) days prior to the meet. After the meet, the account will be settled. The host team will pay only for the ribbons and/or medals used at the meet. However, no allowances and/or refunds will be made on trophies not used for any reason. The account must be settled within 30 days after the meet. Note: The amount deposited with the league may be adjusted annually by vote of the Members' Council at the spring meeting.

## 16. "A" Meet

### A. Scheduling

The "A" Championship shall be held annually. It will be scheduled after the "B" Championship and prior to the League Championship. Teams hosting the "A" Meet have the option to schedule the meet in one day. If the "A" Meet is held in one day, there must be 2 sessions - one in the morning and one in the afternoon.

### B. Swimmer Participation

1) Relay Entry Limits - Member clubs will be limited to entering no more than two relay teams in each event. (The rules pertaining to athletes swimming up in relay events shall apply here, as discussed in Article 500, Section 504.1B, entitled "Relays".)

2) Eligibility to Participate - A swimmer will be eligible to participate in specific individual events only if he/she has qualified by swimming at or better than the season's established "A" qualifying time in that specific event(s). Swimmers can achieve qualifying times only by participating in STSL sanctioned meets (divisional dual/tri meets or the "B" Championship).

3) Relay Swimmers - Swimmers who have not qualified to swim in the "A" Championship because they have not met the qualifying time requirements are eligible to participate in the relay events (as long as they have met all other competition requirements).

4. Special Participation - If a team has no qualifying swimmer in a certain event, that team shall be allowed a maximum of one swimmer per event.

#### C. Awards

1) Awards at the "A" Championship shall consist of medals for the first through third place in individual events and first place for relays. Ribbons will be provided for each additional scoring place and for heat winners.

2) High point, high point runner up (for each age group) and Sportsmanship awards are required.

3) Team trophies will be awarded for those who finish first, second, and third place.

4) The league will procure all awards (above 1, 2, and 3). The host team will pay for all awards (above 1, 2, and 3). The host team must place a deposit (currently) in the amount of \$1650.00 with the league, no later than five (5) days prior to the meet. After the meet, the account will be settled. The host team will pay only for the ribbons and/or medals used at the meet. However, no allowances and/or refunds will be made on trophies not used for any reason. The account must be settled within 30 days after the meet. Note: The amount deposited with the league may be adjusted annually by vote of the Members' Council at the spring meeting.

#### 17. Sportsmanship Award

One sportsmanship award is to be presented to one team at each of the championship meets ("B", "A", and League Championship). The criteria for consideration in voting should include but not be limited to: team area cleanliness, on time for warm ups, clerk of course, heats, volunteer participation and cooperation, and the promotion of fun and friendly competition. The host team has discretion in voting criteria. At a minimum, one coach from each participating team should be allowed to cast a vote. However, discretion is left to the host team to determine how and who received the sportsmanship award.

### **Section 506 - Other Awards**

Trophies are to be awarded annually to the swim team(s) with the best win-loss record in League schedule divisional dual meets (Dual Meet Championship Trophies). These trophies will be procured by the league treasurer and paid for out of league dues and are awarded at the end of the League Championship Meet.

### **Section 507 - Protest Procedure**

A protest can only be filed by a coach per US Swimming procedures on protest with final decision being the STSL Administrative Board. (See also Article 300, Section 307, entitled "Committees".)